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@AcalanesEA

AVAILABLE GRANTS

CTA has a number of grant opportunities for members. Do you have a good idea that needs some financial backing? See below!

Institute for Teaching Grant Due April 20, 2018.

Either \$5,000 or \$20,000

cta.org/en/About-CTA/CTA-Foundation/IFT/IFT-Grants.aspx

Focus your proposal on the Strength-Based Matrix found [HERE](#).

Student Achievement Grant Due June 1, 2018.

Either \$2,000 or \$5,000

neafoundation.org/for-educators/student-achievement-grants/

Learning and Leadership Grant Due June 1, 2018.

Either \$2,000 or \$5,000

neafoundation.org/for-educators/learning-and-leadership-grants/

Community Collaboration Grant - open due date.

Approx. \$1,500

For more information contact our UniServ Staff

GRAY HARRIS GHARRIS@CTA.ORG or

Sarah Morgan SARAHCMORGAN@GMAIL.COM

cta.org/shared%20items?sid={8BOF91B5-5E32-4517-885D-4BA915A49257}

IEP WORKSHOP

There will be a workshop for AEA members about best practices for IEPs and all aspects relating to your rights and responsibilities as special

education provider. This workshop will be on Wednesday, April 18th from 3:45 - 4:45 PM. This is an online workshop.

Register here <http://bit.ly/2G3ZCvc>

YOUR VOTE WILL COUNT!

You've heard your site AEA reps talking about the June 5th primary election and received the CTA flyers in your home mailbox. What's the big deal?

We get to vote for a new Superintendent of Public Instruction and a new Governor - this is a big deal because these 2 elected positions will directly affect our schools, budgets and overall public school climate in our great state. So, here's what we request of you: Vote for Tony Thurman (Superintendent for Public Instruction) and Gavin Newsom (Governor) in the primary election on June 5th so that they can support us and our schools. If you want more information on Gavin (our current Lieutenant Governor) see his [website gavinnewsom.com](http://gavinnewsom.com) or information about Tony (current Oakland Assemblymember) see his [website tonythurmond.com](http://website.tonythurmond.com).

We will be doing some phone banking at the CTA office in Concord on April 24, 25, 26 and May 1, 2, 3 from 5PM - 7PM. We need your help! Please contact Sarah Morgan if you can commit to one of these evenings. Incentives will be provided!

Reminder : Register to vote by May 21

ARE YOU GETTING THE MOST FROM YOUR MEDICAL BENEFITS?

We have so many perks to being a **SISC member** now and we wanted to make sure that you are aware of some of the services included in our plan. Take advantage of::

- **Health Smarts**
(661)636-4410 sischealth.com
Create a new account for yourself and find out more about:
 - ❖ Flu Shots
 - ❖ Biometrics
 - ❖ Call and talk with a SISC advisor on where/how to get extra benefits.
- **The Employee Assistance Program**
(800) 999-7222 anthemEAP.com PW:SISC
This program includes help with
 - ❖ Recovering from Identity Theft
 - ❖ Wills and trust information
 - ❖ Discounts on attorney fees
 - ❖ buying/selling a house
 - ❖ Emotional well being
 - ❖ Daycare & Eldercare questions
 - ❖ Pet care questions
 - ❖ Addressing addiction and recovery
- **Expert Second Opinion Program**
(855) 201-9925 advance-medical.net/sisc
Expert medical advice from leading doctors as well as second opinions.
- **MDLive**
(800) 657-6169 MDlive.com/SISC
Consult with a doctor on the phone, secure video or MDlive App (use **SISC** to log in) for only a \$5 co-pay.
This program includes medical and behavior advice.

MDLIVE App
Now Available
Doctor visits are easier
than ever with the new
MDLIVE Mobile App!



- **MyStrength** a health club for your mind including tools to help manage stress, anxiety and depression. Preview the program: view.vzaar.com/1293302/player/anthemeap.com Password: **SISC**
- **Diabetes Prevention Program** & weight loss program - get a free FitBit! Take a short quiz to see if you qualify to participate.
(877) 486.0141 or solera4me.com/sisc

ADDITIONAL KAISER BENEFITS

Weather you are a new or previous **Kaiser** patient there are many **Member Services** for you.
(800) 464-4000 <http://kp.org> create your username/password

- **Health and Wellness**
 - ❖ Classes
 - ❖ Drug encyclopedia
 - ❖ Weight loss program
 - ❖ Health Assessment
 - ❖ Videos and Podcasts
- **Kaiser Permanente Mobile app**
 - ❖ Check lab results
 - ❖ Email your doctor
 - ❖ Refill most prescriptions
 - ❖ Schedule appointments
 - ❖ Pay medical bills
 - ❖ Find doctors and locations
 - ❖ Track your calories and steps



Cindy Dorman is our new health care contact at the AUHSD office. For more information please contact CDORMAN@AUHSDSCHOOLS.ORG