



Acalanes Education Association

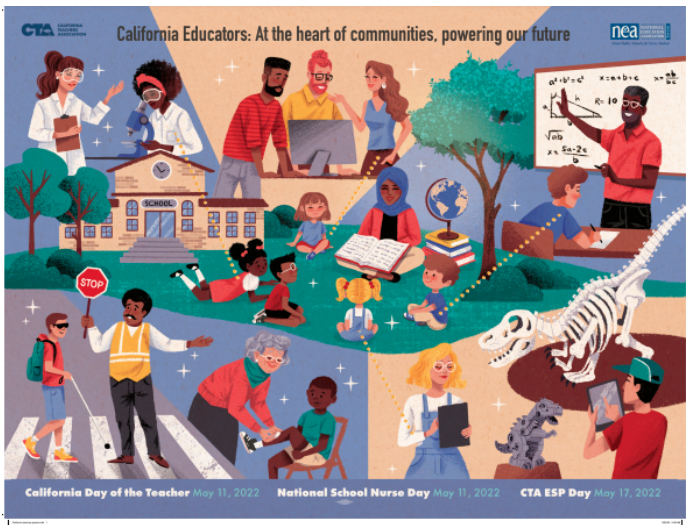
# Newsletter



[www.acalanesteachers.org](http://www.acalanesteachers.org)



@AcalanesEA



*May 11th Happy Day of the Educator!*

## AEA SOCIAL

Come celebrate YOU and the end of the school year on Friday, May 13th! We'll be gathering at the NEW El Charro now located in Walnut Creek (formerly Maria Maria), near the Walnut Creek Library.

Swing on by for a chat with colleagues, a light snack and a beverage from 3:30 - 5:30PM.



## TAKING MORE UNITS = INCREASED \$

As you earn more university credits, you can move horizontally on the salary scale. For every 15 more units you have in addition to your Bachelor's Degree, you get a pay increase. BA+30, BA+45, BA+60 and BA+75, for example. We encourage you to find some useful and relevant professional development that will not only improve your professional life, but will also give you a pay increase.

Find a university or institution that award units and [check with our HR Department](#) to see if AUSHD accepts these units before you enroll.

Here are a few ideas for you:

- AUHSD Summer Institute August 1- 3, 2022. In lieu of payment for these 3 days of PD you may earn college credit.
- Idaho State University online courses [isu.edu/educationpd/self-paced-online-courses](http://isu.edu/educationpd/self-paced-online-courses)
- Dominican University [dominicancaonline.com](http://dominicancaonline.com)
- Attend CTA conferences or watch one virtually.

Deadline to apply is May 9th. In partnership with CSU Chico.

[cta.org/conferences/21-22credit](http://cta.org/conferences/21-22credit)

Remember to check with HR to see if they will honor these credits before you enroll.

## SAVINGS TIP

Would you like to save some \$\$ summer? Create an account at TicketsatWork.com for savings on:

- FTD floral deliveries
- Theme parks (and packages)
- Cars
- Appliances
- Hotels
- Rental cars
- and much more!



Create a membership login at [ticketsatwork.com](https://ticketsatwork.com)  
By clicking the orange button BECOME A MEMBER  
and then enter the company code

COMPANY CODE

CaliforniaTeachers

Fill in your login info and have fun browsing!

## HEALTH BENEFIT OPEN ENROLLMENT & CHANGES FOR THE 2022-2023 SCHOOL YEAR

May is open enrollment time for health benefits for AUHSD! Per our agreement with the District, the District pays up to the Kaiser rate (single/2-party/family) for health benefits for all employees. Anyone who has a plan that is different than the Kaiser plan pays the difference in cost for that plan, if it's more. If you have an HSA plan (which is cheaper than the Kaiser plans), the District puts the difference in the cost of your plan and the Kaiser plan into an HSA for you.

Kaiser rates are increasing for the 2022-23 school year. The increase in cost for benefits is equivalent to 1% on the salary schedule and will be part of the compensation package we negotiate. Non-Kaiser (non HSA) plans are also increasing for next year and they are increasing more than Kaiser which means people in plans other than Kaiser (or HSA)

will have a higher out of pocket expense. To help mitigate this increase in out of pocket costs, we have decided to offer a new Anthem HMO plan that costs less (but has slightly higher co-pays, a higher maximum out of pocket cap, a cost for admittance for hospitalization, and slightly higher costs for prescriptions (if you don't get them at Costco).

What this means for people with non-Kaiser plans is that there are two options for PPO coverage - a more expensive 90/10 plan and a less expensive 80/20 plan (with higher co-pays, maximum out of pocket expense, etc) and now we will also have two options for Anthem HMO coverage - our usual coverage and a less expensive plan. See our website at [acalanesteachers.org](https://acalanesteachers.org) or go to [acalanesteachers.org/open-enrollment](https://acalanesteachers.org/open-enrollment) to see information about rates and comparisons between the two HMO plans or call x6615 to speak to someone in the benefits/payroll office.

## AEA SCHOLARSHIP WINNERS

Each year senior students who want to be educators apply for a \$250 scholarship with our local association and this year we have selected 4 winners. We all need to do our part in promoting our profession to the younger generation. Please congratulate the following students!

- ★ ACIS - Eve Galang
- ★ AHS- Gianna Manzone
- ★ CHS-Adriana Colón
- ★ LLHS - Miranda Obrero

## COUNSELING FOR EDUCATORS

May is Mental Health Awareness month. Not only is this a CTA-recognized month but we are all recognizing that we need to take care of ourselves. With the amount of stress, pressure and sadness about the death of 2 of our students, we may be searching for help. We are all able access the Employment Assistance Program (EAP) and other valuable programs through Anthem Blue Cross (even if you're with Kaiser).

The EAP program addresses a variety of issues, including:

- Resources to support work/life balance
- Legal concerns
- Financial issues
- Child and elder care needs
- Dealing with critical events
- Emotional well-being

Use the company login name: **SISC** to find a program that fits your needs:

[www.anthem.com/employer/employee-benefits-programs/services](http://www.anthem.com/employer/employee-benefits-programs/services)

Or call their phone number directly:

**SISC EAP**

**Call 800-999-7222**

OR

**Go to** [anthemEAP.com](http://anthemEAP.com)  
and enter SISC

**Teladoc Medical Experts**

**Call 800-Teladoc (835-2362)**

OR

**Go to** [teladoc.com/SISC](http://teladoc.com/SISC)

**MDLive**

**Register** by calling  
**888-632-2738**

OR

**Go to** [mdlive.com/sisc](http://mdlive.com/sisc)

**Costco**

To find a Costco location,  
**Call 800-774-2678 (press 1)**

OR

**Go to** [costco.com](http://costco.com)

**Oncology Center of Excellence Program**

**Call 877-220-3556**

OR

**Go to** [sisc.contigohealth.com](http://sisc.contigohealth.com)

**Carrum Health**

**Call 888-855-7806**

OR

**Go to** [carrumhealth.com/sisc](http://carrumhealth.com/sisc)

**Vida Health**

**Call 855-442-5885**

OR

**Go to** [vida.com/sisc](http://vida.com/sisc)

**Hinge Health**

**Call 855-902-2777**

OR

**Go to** [hingehealth.com/sisc](http://hingehealth.com/sisc)

## UPCOMING EVENTS

May 2, 2022 – Announcement of AEA Rep Council members for 2022-23, via email

May 4, 2022 – AUHSD Governing Board meeting, 7pm at the District Office

May 13, 2022 – AEA Social, 3:30 at the New El Charro

May 18, 2022 – AEA Rep Council, 3:45 place TBD

May 18, 2022 – AUHSD Governing Board Meeting, 7pm at the District Office

May 23-26, 2022 – Final Exams

May 27, 2022 – Graduation!

June 8, 2022 – AUHSD Governing Board Meeting, 7pm at the District Office

July 29, 2022 – New Teacher Luncheon

August 3, 2022 (last day of SI) – First Rep Council meeting of 2022-23